



GO Into the Future Like a Zombie Wants to Eat Your Brains

Scenario:

The world has changed, and despite the best efforts of scientists nobody can reverse the zombie apocalypse. It's up to you to adapt to this strange and horrifying new world and find a way to survive amongst the undead. As difficult as it may seem, you aren't completely alone and whether you know it or not there are resources you can access to increase your odds of survival.



Think about the types of issues that will make your transition challenging. Which of the categories below will be most challenging for you personally?

Contextual: You need to understand the motivation of zombies and options for the survival strategies you have chosen. This includes knowing the types of strategies available and why one might be a good match; identifying backup options if your first choice does not work out; and having a sense of the probability that you will actually survive.

Procedural: You must be able to address the "how to" of the survival process. Survival strategies are not easy, often requiring multiple steps. Navigating through the steps in a timely manner is crucial to staying.

Resources: You must be aware of the resources you need to survive, and what options are available to obtain the necessary resources.

Cultural: You need to understand the differences between the cultural norms in pre-apocalyptic and post-apocalyptic worlds. You should be ready to be more independent and self-reliant.

Personal: You should be able to advocate for yourself and others in complex environments and be prepared to pursue your interests assertively with a range of adults in positions of authority, including sheriffs, scientists, bandits, zombies, etc. You should be prepared to effectively challenge a decision that affects you negatively, like being asked to be zombie bait.



As a group, discuss the categories you each selected as most challenging. Was there a particular category that stood out as being more difficult for folks? Brainstorm how you can individually or as a group access supports in areas where the transition will be challenging. If possible, identify at least one resource that is available in your post-apocalyptic world for each area of challenge.