



ACT Like You Can Survive a Zombie Apocalypse

Scenario:

You've recently become a member of a rag-tag group of survivors of a zombie apocalypse. In a world dominated by the undead you are happy to be among the living— at least for now. Some members of your group you've known for a long time, and some are relative strangers. With so few humans left on earth, you can't afford to be picky about who is part of your group and it's a necessity that you work together effectively. Now that you aren't alone in the world, the prospect of surviving this apocalypse seems possible. For the first time in a long time, you can think beyond the chaos of the moment and look towards the future with a sense of hope.



Spend one minute reflecting on your dreams for the future.

- *What are your goals for one week from now? Two months from now? Three years from now?*



As a group, discuss the goals you share. Discuss the following topics, and identify how as a group you can work together to:

- *Set short- and long-term goals and monitor your progress towards goals.*
- *Persist in the face of setbacks, challenges, and zombies.*
- *Be aware of your strengths/weaknesses, and reflect on how they impacts your survival.*
- *Stay motivated even when things seem hopeless.*
- *Ask for help when you need it, and proactively identify when you need assistance.*



Think about your shared goals, and individually rank order the following skills in terms of how helpful they will be toward your group's survival goals. Compare and discuss your individual rankings as a group.

- *Time management*
- *Test taking*
- *Note taking*
- *Information retention/memorization*
- *Strategic reading*
- *Collaboration and group learning*
- *Technological proficiency*